

Guide on how to run... Basic Road Safety Training

The
British
Horse
Society

Overview

- The aim is to run a one-hour training session on basic road safety techniques.
- As part of the session, training on key road safety manoeuvres, Hi Viz, Horse-I App, Ride Safe (BHS Silver Riding Out Safely Challenge Award) and BHS membership should be given.
- The sessions can be held at any venue with the appropriate facilities and be open to members and non-members.
- The session to be offered free of charge and funded by local BHS committees.
- The sessions can be to mounted or unmounted participants or a mix of both.
- The session to be delivered by a BHS Ride Safe Trainer - [Find a Ride Safe Trainer](#).
- The BHS local committee will pay the trainer for one hour of coaching + travel expenses.
- This training does not replace the more comprehensive BHS RideSafe Assessment/Riding Out Safely Challenge Award.

Benefits

- Improved road safety skills for participating riders and their horses.
- More people engaging with BHS.
- Ride Safe Trainer introduced to a venue where they could perhaps expand their offer to deliver the BHS Ride Safe Challenge Award (Silver) or other coaching.
- More people aware of the Horse-I App.
- A good way to utilise committee funds.
- In 2024, three committees ran Basic Road Safety Training with the following results.
15 sessions | 126 attendees (average 8 per session | 35 BHS members | 85 non-members | total cost £652 | cost per person £5.17.

How to organise

- Identify local Ride Safe Trainers who would be prepared to deliver the training. (Local Ride Safe Trainers can be found on the BHS Website - [Find a Ride Safe Trainer](#) – if you have no Ride Safe Trainer in an area then you could use a BHS Accredited Professional Coach)

- Establish how much the Trainer would charge for the session (typically £30 - £40 per hour).
- Reach out to local livery yards, riding clubs, riding centres or anywhere that there are people who want to take the training. This can be done by using social media, word of mouth or any other form of local advertising.
- The yard should be able to provide a suitable, secure area where the training can take place. This could be a field, outdoor or indoor arena. The venue will also need to have 6+ poles to create a simulated road or spray chalk marker, bag of flour can be used (your trainer may have some resources).
- There should be a minimum of six people wanting to undertake the training and it is the responsibility of the venue to establish who these people are. The BHS, locally, will not deal with any form of booking for this. The number of people attending would also need to be agreed with your Trainer in advance.
- Ideally participants will be mounted but these sessions have also run with some unmounted participants present.
- Put the RideSafe Trainer in touch with the venue for them to organise a suitable date/time.
- Supply the Trainer with:-
 - Dead Slow A5 fliers/cards (available from BHS Safety Dept. or Reg/Nat Manager)
 - Horse-I App poster with QR code (appendix 1)
 - Horse-I App cards (available from BHS Safety Dept. or Reg/Nat Manager)
 - BHS Membership poster with QR code (appendix 2)
 - BHS Membership Leaflets (available from BHS Membership Dept. or Reg/Nat Manager)
 - Current Highway Code info. relating to horses (appendix 3)
 - Photography Consent poster (Appendix 4)
 - A copy of the completed Risk Assessment Form (available on [Volunteer Resources/Event Support/How to guides](#))
 - First Aid Kit (if there is none at the venue or they don't have their own)
 - Accident Report Forms (if they don't have their own)
- Notify your Regional/National Manager of the event in the usual way.
- Suggested social media content (appendix 5)

Cancellations

Most Trainers will have a 48-hour cancellation policy. It needs to be explained to the venue that any cancellations need to be made at least 48 hours in advance to the Trainer so that another suitable date can be found.

N.B. If a venue cancels at the last minute the Trainer may still want to be paid for their time. Organisers will need to liaise with their Trainer should this situation arise.

Risk Assessment

A risk assessment for this type of event can be found on Volunteer Resources. You will need to download and save this. Then enter the information relevant to your event (date, venue,

responsible person, date RA carried out etc.) This can then be saved and submitted to eventsafety@bhs.org.uk.

Photographs

As attendees on this type of event will not be booking in advance, they will not have given prior consent for photographs to be taken. On the day consent needs to be obtained for use of photographs in any post-event publicity. Full details and guidance can be found on [Volunteer Resources/Event Support/Photographs](#). Please ensure your Trainer has obtained consents prior to any photographs being used for post-event publicity (Appendix 4).

Brief to Trainer

- The aim is to run a one-hour training session on basic road safety techniques.
- As part of the session, information about key road safety manoeuvres, Ride Safe, Horse-I App, BHS membership and Highway Code should be given.
- The Trainer can use this introduction to offer their services for further training to deliver, Ride Safe, Challenge Awards, Pony Stars, general coaching etc.
- See example lesson plan (Appendix 6)
- All accidents to be reported to and a copy of the completed Accident Report Form emailed to the organiser.

After the event

- Once the training has taken place, the Ride Safe Trainer should submit a report to the local Committee/BHS Regional/National Manager to give details on how many attended, how many were mounted/unmounted/ how many were BHS/non-BHS Members/what was delivered.
- The RideSafe Trainer to submit an invoice to the Local Committee for their time plus travel expenses (up to a maximum of £0.45/mile).

Useful links

- [BHS Ride Safe Award](#)
- [BHS Dead Slow Campaign](#)
- [Horse-I App – for apple products](#)
- [Horse-I App – for android products](#)
- [Highway Code](#)

Scroll down for Appendices

The
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Download the Horse i App

Record any incidents you encounter directly to the BHS via your mobile or tablet device.

www.bhs.org.uk/recordanincident



SCAN ME





The British Horse Society

Scan below to join today

SCAN ME



Become a member of the BHS and become a part of the largest equestrian community in the UK.

Become a BHS Member

The image is a promotional poster for the British Horse Society. It features a large red curved shape on the right side. On the left, a circular inset shows two riders on horses in a field. The text 'The British Horse Society' is written in white on the red background. Below it, 'Scan below to join today' is written in white. A QR code is presented as if on a smartphone screen with a 'SCAN ME' button above it. At the bottom right, a black text box contains the message: 'Become a member of the BHS and become a part of the largest equestrian community in the UK.' At the bottom left, the text 'Become a BHS Member' is written in white over the circular inset image.

Appendix 3

Useful excerpts from The Highway Code

Rule H1

It is important that ALL road users are aware of The Highway Code, are considerate to other road users and understand their responsibility for the safety of others.

Everyone suffers when road collisions occur, whether they are physically injured or not. But those in charge of vehicles that can cause the greatest harm in the event of a collision bear the greatest responsibility to take care and reduce the danger they pose to others. This principle applies most strongly to drivers of large goods and passenger vehicles, vans/minibuses, cars/taxis and motorcycles.

Cyclists, horse riders and drivers of horse drawn vehicles likewise have a responsibility to reduce danger to pedestrians.

None of this detracts from the responsibility of ALL road users, including pedestrians, cyclists and horse riders, to have regard for their own and other road users' safety.

Always remember that the people you encounter may have impaired sight, hearing or mobility and that this may not be obvious.

Rule H2 - Rule for drivers, motorcyclists, horse drawn vehicles, horse riders and cyclists

At a junction you should give way to pedestrians crossing or waiting to cross a road into which or from which you are turning.

You **MUST** give way to pedestrians on a zebra crossing, and to pedestrians and cyclists on a parallel crossing.

Pedestrians have priority when on a zebra crossing, on a parallel crossing or at light-controlled crossings when they have a green signal.

You should give way to pedestrians waiting to cross a zebra crossing, and to pedestrians and cyclists waiting to cross a parallel crossing.

Horse riders should also give way to pedestrians on a zebra crossing, and to pedestrians and cyclists on a parallel crossing.

Cyclists should give way to pedestrians on shared use cycle tracks and to horse riders on bridleways.

Rule H3 - Rule for drivers and motorcyclists

You should not cut across cyclists, horse riders or horse drawn vehicles going ahead when you are turning into or out of a junction or changing direction or lane, just as you would not turn across the path of another motor vehicle. This applies whether they are using a cycle lane, a cycle track, or riding ahead on the road and you should give way to them.

Do not turn at a junction if to do so would cause the cyclist, horse rider or horse drawn vehicle going straight ahead to stop or swerve.

You should stop and wait for a safe gap in the flow of cyclists if necessary. This includes when cyclists are:

- approaching, passing or moving off from a junction
- moving past or waiting alongside stationary or slow-moving traffic
- travelling around a roundabout

3. Walking, cycling or riding in shared spaces

There is new guidance in the code about routes and spaces which are shared by people walking, cycling and riding horses.

People cycling, riding a horse or driving a horse-drawn vehicle should respect the safety of people walking in these spaces, but people walking should also take care not to obstruct or endanger them.

People cycling are asked to:

- not pass people walking, riding a horse or driving a horse-drawn vehicle closely or at high speed, particularly from behind
- slow down when necessary and let people walking know they are there (for example, by ringing their bell)
- remember that people walking may be deaf, blind or partially sighted
- not pass a horse on the horse's left

5. Overtaking when driving or cycling



You may cross a double-white line if necessary (provided the road is clear) to overtake someone cycling or riding a horse if they are travelling at 10 mph or less (Rule 129).

There is updated guidance on safe passing distances and speeds for people driving or riding a motorcycle when overtaking vulnerable road users, including:

- leaving at least 1.5 metres (5 feet) when overtaking people cycling at speeds of up to 30mph, and giving them more space when overtaking at higher speeds

- passing people riding horses or driving horse-drawn vehicles at speeds under 10 mph and allowing at least 2 metres (6.5 feet) of space
- allowing at least 2 metres (6.5 feet) of space and keeping to a low speed when passing people walking in the road (for example, where there's no pavement)

Wait behind them and do not overtake if it's unsafe or not possible to meet these clearances.

7. People cycling, riding a horse and driving horse-drawn vehicles on roundabouts

The code already explained that people cycling, riding a horse and driving a horse-drawn vehicle may stay in the left-hand lane of a roundabout when they intend to continue across or around the roundabout.

Guidance has been added to explain that people driving should take extra care when entering a roundabout to make sure they do not cut across people cycling, riding a horse or driving a horse-drawn vehicle who are continuing around the roundabout in the left-hand lane.


Please give photo consent here:

Scan QR code



Appendix 5

Suggested social media content.

 **BHS Avon** is 😊 feeling delighted.
Published by Jo Rawlins
· 10 June · ⚙️

Are you a livery yard or riding school who would like a member of our team to come to your yard to deliver a free 1hr riding safely on the road session? You do not need to be a BHS member or approved centre, this free training is open to all. Minimum number for running the training is 6 people.

All we require is a secured area such as an arena or field and a few jump poles.

Please get in touch if you would like to book a member of our team to come to your yard

 **BHS Avon**
Published by Jo Rawlins
· 25 June · ⚙️

We had a great time this evening at the meadow livery yard in Bristol for the 1st of our free riding safely on the road taster sessions. Huge thanks for having us and a massive well done to riders and leaders for doing so well, especially in the sudden heat 🥵🔥🔥

[#BHS](#) [#britishhorsesociety](#) [#RoadSafety](#) [#riders](#) [#RideSafeAlways](#)
[#BeSafeBeSeen](#) [#highwaycodeuk](#) [#passwideandslow](#)



Appendix 6

Suggested Lesson Plan

5 mins	Introduction – who's BHS member, who rides out, benefits of ride safe assessment
5 mins	How to deal with aggressive behaviour- horse i app discussion
5 mins	Basic signals- mounted but stood still. Left, right, slow down, stop, Thank you.
2 mins	Observe, signal, Observe, manoeuvre discussion
35mins	On the move

- Left turn major to minor
- Right turn major to minor
- Left emerge
- Right emerge
- Left emerge flared junction
- Dealing with a hazard
- Emergency dismount

Might not have time to cover all above so if less time cover

- Left emerge flared/non flared
- Right turn
- Right emerge

On the move depends how many people are riding and how good they are.

5 mins	Looking at different colours and placements of hi vi leg wraps/boots
3 mins	Questions

Handouts

- Dead Slow A5 fliers/cards
- Horse-I App cards
- BHS Membership Leaflets