

The
British
Horse
Society

STAGES 1 – 3

CAREER PATHWAYS SKILLS RECORD



Career
Pathways



Welcome to your journey in equine excellence.

A career in the equine industry can be very rewarding and lead to extraordinary experiences.

Whatever your career aspirations; caring for horses, riding professionally, leading treks and trails or coaching the next generation, there's a pathway for you.

This is your record of development and achievements within the BHS Career Pathway. Combine your passion for horses and progress your career learning practical, real-world skills.

MY DETAILS

Please attach
a passport size
photo here

FIRST NAME

SURNAME

ADDRESS

POSTCODE

BHS NUMBER

COACH DECLARATION

I have checked
formal ID of the
candidate and
the photo is a
true likeness.

SIGNED

ACCREDITED
PROFESSIONAL NUMBER



It is compulsory this is signed off by a BHS Accredited Professional before your first assessment.
If this is blank, you must bring valid photo ID to every BHS assessment.

USEFUL CONTACTS

EDUCATION TEAM

CALL: 02476 840 508

EMAIL: PATHWAYS@BHS.ORG.UK

For a wealth of additional resources, guidance and tips visit:
bhs.org.uk/pathways

BHS CAREER QUALIFICATIONS

 BHS Stage 1	Stage 1 Care		Stage 1 Ride*			
	Stage 2 Care	Stage 2 Lunge	Stage 2 Riding Out	Stage 2 Ride		Stage 2 Coaching
 BHS Stage 2	Stage 3 Care	Stage 3 Lunge	Stage 3 Riding Out	Stage 3 Ride (Dressage)	Stage 3 Coaching	Stage 4 Senior Coaching (Complete/Eventing) Stage 4 Senior Show Jumping Coaching Stage 4 Senior Dressage Coaching
	Stage 4 Senior Care	Stage 4 Lunge	Stage 4 Riding Out	Stage 4 Senior Ride for Training (Complete/Eventing)	Stage 4 Senior Show Jumping Ride for Training	
 BHS Stage 3	Stage 4 Senior Care	Stage 4 Senior Lunge	Stage 4 Senior Riding Out	Stage 4 Senior Dressage Ride for Training	Stage 4 Senior Show Jumping Ride for Training	BHS Coaching routes: General Eventing Dressage Show Jumping
	Stage 4 Senior Management	Stage 4 Senior and Long Reining	Business Management	BHS Riding routes: General Eventing Dressage Show Jumping		
 BHSI	Stable Managers					

Fellowship of the BHS

* Including silver Riding out Safely Challenge Award (Ride Safe Award) UK and Ireland only.

This skills record is designed to help you develop throughout your career.

It will assist you as you undertake your training and ensure that you are fully prepared for your assessments as you progress through the BHS Career Pathway.

CONTENTS

STAGE 1

Stage 1 Care	10-11
Stage 1 Ride	12-13

STAGE 2

Stage 2 Care	16-19
Stage 2 Lunge	20-22
Stage 2 Ride	23-25
Stage 2 Riding Out	26-28
Stage 2 Coaching	29-33

STAGE 3

Stage 3 Care	36-38
Stage 3 Lunge	39-40
Stage 3 Ride (Dressage)	41-42
Stage 3 Ride (Jump)	43-44
Stage 3 Riding Out	45-50
Stage 3 Coaching	52-62
Next steps	66-69

WHAT TO WEAR ON YOUR ASSESSMENT DAY

All assessments

For all assessments, it is essential that you bring your riding hat which must meet current safety standards. Please refer to our 'hat guidance' on our website for the current accepted standards. Gloves are required for all assessments. Neat and tidy clothing will make a good impression for your assessment, as it would in any professional equestrian workplace. For safety reasons, any jewellery on show should be covered up or removed and long hair tied back. Keep an eye on the weather and ensure you bring suitable clothing if it is likely to be cold or raining – this will ensure you can concentrate on your assessment as opposed to feeling cold or uncomfortable.

If you are riding or teaching, your riding boots can either be long boots or short boots with leather gaiters. Plain jodhpurs or breeches are ideal.

When riding, we ask that for safety reasons you avoid wearing hooded tops and jackets, and your arms are covered to give some protection.

You will want to feel as comfortable as possible in an assessment therefore if you normally wear a body protector please feel free to wear this during your assessment. We strongly recommend that a body protector which meets the current safety standard is worn for all assessments that involve show jumping. Current body protector guidance can be found on our website.

For flatwork from Stage 2 and above you can ride with a schooling whip up to 39".

For show jumping and cross country it is recommended one whip is permitted for show jumping and must be between 45-75cm and must not be weighted or with a hard point at the end. The end of the whip must be padded. The 'pad' must be smooth with no protrusion or raised surface (which included embroidery) and be made of a shock absorbing material throughout its circumference. Please bring these with you to your assessment.

Any additional items to bring to your assessment are mentioned on the opposite page.

Stage 1, 2 and 3 Care (including lungeing)

It's important that you're comfortable throughout the day. Please wear suitable footwear for handling horses and sensible yard clothing; this may include trousers or jodhpurs (a dark colour is more practical). We recommend that you wear a jumper or gilet with a polo shirt underneath; you will need to be able to move comfortably to complete practical tasks.

Stage 3 Ride (Jump)

For the cross country section you must wear a body protector approved to the current safety standards, and a long sleeved top. You may also wear an air jacket, this is worn at the centre's discretion, please check with the assessment centre. Please note, fixed peaks are not permitted for any cross country jumping.

Stage 2 and 3 Riding Out

Long boots or gaiters and show jackets are not required for this assessment. You may be riding for up to two hours so comfortable clothing is essential. Prepare for the weather and bring waterproof clothing and a change of clothes if necessary. Equipment required for map reading, such as compasses, will be provided for you at the assessment.



READY FOR ASSESSMENT AND COACH ENDORSEMENT

Before you book any assessment with us, we recommend that you undertake regular training from an Accredited Professional. If you require any assistance finding a suitable trainer or centre, please visit our website or give our Education Team a call.

Your BHS Accredited Professional will be able to help you complete the **Ready for Assessment** and **Coach Endorsements** within your skills record.

The skills record should be signed on an ongoing basis as you undertake regular training. We would recommend this should be completed at least one month before your assessment date.

Each stage has a sign-off section that will need to be completed and signed before you take your assessment, stating that you are **Ready for Assessment**.

In addition, some qualifications will also need a **Coach Endorsement**; this may be completed by your coach or someone different, but must be an Accredited Professional in the industry who can

assess you against specific criteria of the qualification which can't be assessed on the assessment day. These tasks must be signed-off under supervision **in advance** of the assessment day.

You must bring your completed skills record to your assessment with you to show your assessor.

The nominated Accredited Professional who can complete a **Ready for Assessment** or **Coach Endorsement** may vary according to the level of assessment.

Who can sign-off my skills record?

Any BHS Accredited Professional with the relevant qualification at least one level higher than they are signing off. For example, the Stage 2 Care can be signed off by any BHS Accredited Professional that holds the Stage 3 Care qualification.

Please remember that your skills record is identifying that you are ready for an assessment. This does not mean that you will necessarily be successful in passing the assessment on the day.

STAGE 1



INTRODUCTION TO STAGE 1 CARE

Care is where your career begins. It provides the foundations of your profession – putting the horse first in everything you do.



You will be able to:

- Carry out routine tasks which will include mucking out, bedding down and providing food and water
- Handle horses in the stable and outside; hold a horse for inspection, lead in-hand, groom and put on rugs
- Tack up and un-tack; including saddle, bridle, brushing boots, and clean tack
- Turn out and catch a horse and handle a horse safely in a field as well as being able to identify regular field checks
- Describe how to care for a horse after riding and the different types of rug they might need
- Understand horse behaviour and health and be able to recognise problems.

Before you book an assessment for your Stage 1 Care, we recommend that you undertake regular training from an Accredited Professional.

Stage 1 Care Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 1 Care assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The responsibilities of working on a yard, including maintaining a clean stable			
Horse behaviour and health			
Handling, grooming and applying rugs and tack			
Feeding and hydrating horses			



We recommend this is signed off by a BHS Accredited Professional with a minimum of the Stage 2 Care. Different Professionals can sign off the different elements, as long as they meet this criteria.

What will I need to bring to the Stage 1 Care assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be there at the centre to welcome you.

Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. It's likely you will be put into a group of up to three candidates, working with one assessor, and your first task is likely to be mucking out. You will then move on to cover each element of the syllabus.

How long will the assessment take?

The Stage 1 Care assessment will last approximately two hours.

INTRODUCTION TO STAGE 1 RIDE

Riding is a partnership built on trust and respect. Stage 1 Ride recognises it as a profession. Your progressive riding qualifications start here.



You will be able to:

- Mount from a block and adjust the girth and stirrups for comfort
- Walk, trot and canter on both reins, showing changes of direction, turns and circles
- Understand the correct riding position both with and without stirrups and when working over poles
- Ride in a group and show some individual work showing awareness and respect for other riders
- Recognise diagonals in rising trot and identify canter leads as well as applying aids to move around the arena and between paces
- Ride without stirrups in walk and trot and ride a variety of school figures.

Stage 1 Ride Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 1 Ride assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
Preparing to mount, mounting and dismounting			
Riding in walk, trot and canter under supervision			
Riding without stirrups in walk and trot			



We recommend this is signed off by a BHS Accredited Professional with a minimum of the Stage 2 Ride. Different Professionals can sign off the different elements, as long as they meet this criteria.

What will I need to bring to the Stage 1 Ride assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat, gloves and a short whip.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. For the riding assessment you will be in a group of up to six candidates.

When you arrive at the riding arena (this may be an outdoor or indoor arena) your assessor will allocate a horse to you. When you have your horse, check the tack and prepare to mount, you will then mount the horse from a mounting block and adjust your girth and stirrups as required. Approximately half way through your assessment you will all be asked to halt and dismount and will then ride a second horse.

How long will the assessment take?

The assessment will last approximately 90 minutes.

Co-requisites for the Stage 1 Ride

The silver Riding Out Safely challenge award, (Ride Safe), is a co-requisite for the Stage 1 Ride and must be completed to be awarded the Stage 1 Ride qualification.





STAGE 2

INTRODUCTION TO STAGE 2 CARE

Whether working with riding school horses or thoroughbreds at stud, this qualification proves you have the essential skills to work as an assistant groom at any yard.

You will be able to:

- Understand the routine practices of a stable yard, your role, responsibilities and reporting lines
- Care for horses on a day-to-day basis
- Recognise normal and abnormal horse behaviour; what may be the cause and what may be done
- Check the fit of tack for comfort; including saddle, bridle, martingale and boots
- Plait, trim and bath horses
- Fit travel equipment and load a horse onto a trailer or lorry
- Apply stable bandages
- Recognise potential hazards in the working environment which could include; stables, fields and transportation
- Feed horses and understand fitness, including the factors that will affect the amount of feed a horse will need
- Practise first aid and recognise health problems, how they would be cared for and when to call the vet
- Care for horse's feet: recognise a well shod foot, be aware of noticeable signs of lameness and common wounds
- Understand basic anatomy, location of key organs and the function of the digestive and circulatory systems.

Stage 2 Care Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 2 Care assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The responsibilities of an assistant groom			
Preparing a horse for riding, competition and travelling			
Horse anatomy and behaviour			
Feeding horses and maintaining their fitness			
Horse health and foot care			
Environments for keeping horses			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Care. Different Professionals can sign off the different elements, as long as they meet this criteria.



Coach Endorsement

I can load and unload a horse under supervision

1. I can carry out safety checks for horse transportation 2. I can load and unload a horse from a vehicle

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional who holds a minimum of the Stage 3 Care.

Coach Endorsement

I can bath a horse

1. I can bath a horse 2. I can dry the horse off

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional who holds a minimum of the Stage 3 Care.

CANDIDATE NAME _____ BHS NUMBER _____

What will I need to bring to the Stage 2 Care assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- This skills record with completed Stage 2 Care **Coach Endorsement** and **Ready for Assessment** tables.

What should I expect on the day?

There will be signs to direct you to the briefing room, and a member of our team will be at the centre to welcome you.

Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. You will be put into groups of three candidates to one assessor, and you will then begin to work through each element of the syllabus. Different groups of candidates will start at different sections, but throughout the day you will cover each part of the syllabus.

How long will the assessment take?

The assessment will last approximately three hours.



INTRODUCTION TO STAGE 2 LUNGE

Demonstrate your skills in lungeing the horse for exercise.



You will be able to:

- Understand the reasons for lungeing horses and how lungeing contributes to their daily exercise
- Competently handle lunge tack, put on and adjust (tack will include bridle, cavesson, saddle, roller, side reins and brushing boots)
- Lunge a horse for exercise with awareness of safety implications
- Work the horse in its basic paces showing consideration for the size of the circle
- Adjust the side reins, handle the lunge line, carry a lunge whip and use suitable aids to work the horse.

Stage 2 Lunge Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 2 Lunge assessment.

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The reasons for lungeing horses			
Lungeing a horse for exercise			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Lunge. Different Professionals can sign off the different elements, as long as they meet this criteria.

Coach Endorsement

I can put on and take off appropriate equipment needed to lunge a horse

1. I can select and put on appropriate lunge equipment

2. I can remove lunge equipment safely

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional who holds a minimum of the Stage 3 Lunge.

CANDIDATE NAME _____ BHS NUMBER _____

What will I need to bring to the Stage 2 Lunge assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- This skills record with completed Stage 2 Lunge **Coach Endorsement** and **Ready for Assessment** tables.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and to answer any queries you may have about the assessment.

How long will the assessment take?

The assessment will last approximately one hour.



INTRODUCTION TO STAGE 2 RIDE

Confidence and competence go hand in hand throughout your career. Now's the time to show your riding capabilities.




You will be able to:

- Show greater awareness for individual work and ride on your own in an arena showing walk, trot and canter
- Ride confidently showing changes of direction and pace through school movements
- Show awareness for others when riding in a group or in open order
- Ride outside in an open space
- Jump single fences and a small course of 75 centimetres
- Evaluate your own riding and the way the horse goes both on the flat and over fences
- Show awareness for using the aids and sensitivity for the horse
- Ride with the reins in one hand.

Stage 2 Ride Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 2 Ride assessment.

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The principles of riding walk, trot and canter and the appropriate aids to apply			
Riding a horse in a balanced position in all three paces with and without stirrups			
Riding on the correct trot diagonals and canter leads			
Riding a horse over show jumps			
 It is compulsory this is signed off by a BHS Accredited Professional with a minimum of Stage 3 Ride. Different Professionals can sign off the different elements, as long as they meet this criteria.			

Coach Endorsement

I am able to ride in an open space

1. I can ride in a balanced position in walk, trot and canter

2. I can ride independently within a group

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional who holds a minimum of Stage 3 Ride.

CANDIDATE NAME _____ BHS NUMBER _____

What will I need to bring to the Stage 2 Ride assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat, gloves, a short whip and a long whip.
- This skills record with completed Stage 2 Ride **Coach Endorsement** and **Ready for Assessment** tables.

What should I expect on the day?

There will be signs to direct you to the briefing room, and a member of our team will be at the centre to welcome you. It's best to arrive at least 30 minutes before your briefing as you will need to allow time to walk the show jumping course.

Your assessor will run through the process of the day and will be able to answer any queries you may have about the assessment. For the riding assessment you will be in a group of up to six candidates. When you arrive at the riding arena (this may be an outdoor or indoor arena) your assessor will allocate a horse to you. When you have your horse, check the tack and prepare to mount, you will then mount the horse from a mounting block and adjust your girth and stirrups as required. You will complete the flat section of your riding assessment first. Approximately half way through your flat riding assessment you will all be asked to halt and dismount and will then ride a second horse.

After your flat riding session your assessor will have a short discussion with you about the two horses you rode. Due to the nature of riding and the risks involved your assessor will make a decision as to whether it is safe for you to continue to the jumping section. If there is any doubt with regard to your own safety or the horse's safety you will be asked to retire from the riding assessment. If your assessor is happy for you to continue, you will then be allocated a jump horse.

You will warm up your first horse for jumping. Your assessor will confirm which jump to warm up over and will usually specify that you start by jumping a cross pole from trot with a placing pole. This will be followed by jumping a cross pole from canter progressing to an upright and eventually a spread fence. Following this you will then jump a course of fences. You will dismount and ride a second horse over the same course of show jumps.

How long will the assessment take?

The assessment will last approximately two hours.

INTRODUCTION TO STAGE 2 RIDING OUT



Whether you are taking short hacks out within a riding centre or longer rides as part of a trekking centre, you will have a responsibility to ensure your riders and horses are safe and well looked after. Begin your career in leading hacks, treks and trails and showcase your combination of riding and customer service skills.

You will be able to:

- Understand the role of a ride leader and your responsibilities when caring for horses and riders
- Ride outside in an open space with confidence, over varying terrain and hazards
- Read a map and understand how to use a GPS system to help locate and navigate through routes
- Assess riders before a hack to ensure they are competent for the level of ride ahead
- Provide basic instruction to novice riders to maintain their safety and control of their horse
- Lead a ride out of up to two hours demonstrating appropriate communication skills and behaviour management techniques ensuring a first class level of customer service
- Follow a designated route and identify and negotiate potential hazards, maintaining the safety for all riders and horses
- Ride and lead another horse and rider.

Stage 2 Riding Out Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 2 Riding Out assessment.

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The roles and responsibilities of a Stage 2 Ride Leader			
Preparing to take out a ride including warming up safely in a group			
Ride and lead a horse and rider			
Escorting a group out for a ride, to include, a hack up to two hours on the road, tracks or open country			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Riding Out. Different Professionals can sign off the different elements, as long as they all meet this criteria.

Coach Endorsement

I can ride as part of a group in an open space

- | | |
|---|--|
| <p>1. I can ride independently as part of a group in an open space <input type="checkbox"/></p> <hr/> | <p>2. I can ride safely over a variety of terrain <input type="checkbox"/></p> <hr/> |
| <p>3. I can negotiate hazards and obstacles <input type="checkbox"/></p> <hr/> | <p>4. I can open and close a gate <input type="checkbox"/></p> <hr/> |

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Riding Out.

CANDIDATE NAME _____ BHS NUMBER _____

What will I need to bring to the Stage 2 Riding Out assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- This skills record with completed Stage 2 Riding Out **Coach Endorsement** and **Ready for Assessment** tables.

What should I expect on the day?

There will be signs to direct you to the briefing room, and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. You will be put into groups of three candidates to one assessor, and you will then begin to work through each element of the syllabus.

You will assess a group of riders (in an arena) for their suitability to take them out for a ride. For the riding assessment you will be in a group of up to six candidates. Your assessor will allocate a horse to you. You will ride as a group and demonstrate light seat and bridging of the reins as well as riding and leading another horse and rider in the arena.

You will also take part in a hack of approximately one hour where you will be asked to be in charge of the ride for some time.

How long will the assessment take?

The assessment will last approximately four hours.

Co-requisites to the Stage 2 Riding Out

The following must be completed before the Stage 2 Riding Out can be awarded:

- Stage 2 Care

Recommendations

The BHS strongly recommends that learners looking to be employed in the industry also hold:

- BHS Equine Specific First Aid or First Aid at Work (three or four day course) or international equivalent
- BEF Safeguarding and Protecting Children workshop or international equivalent.

INTRODUCTION TO STAGE 2 COACHING

You never forget a good teacher. They're enthusiastic, encouraging and use their knowledge and passion to transform lives. As can you. Stage 2 Coaching provides you with an opportunity to instil confidence, impart knowledge and inspire others on their equine journey.

You will be able to:

- Understand the role of a coach working with riders of varying ages who are riding as part of their leisure time
- Work with novice riders both on the lunge and lead rein showing an understanding of how basic early skills are established
- Deliver a group lesson which includes flat work and jumping
- Demonstrate an understanding of working with small groups of riders in walk, trot and canter, working on their balance and riding position which may include work with and without stirrups
- Progress flat work to jumping as an integrated session working over ground poles, a single fence, double or related distance. The work should show progression
- Deliver a practical stable management session covering a routine activity
- Understand coaching principles, how riders progress and how to introduce new topics such as jumping and how to deal with problems such as a sudden loss of confidence.

Stage 2 Coaching Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 2 Coaching assessment.

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The role and responsibilities of a horse riding teacher			
Planning and delivering riding lessons, to include flat and jump sessions			
Planning and delivering riding lessons, to include lead rein sessions			
Planning and delivering riding lessons, to include lunge sessions			
Planning and delivering stable management sessions			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Coaching. Different Professionals can sign off the different elements, as long as they meet this criteria.

CANDIDATE NAME _____ BHS NUMBER _____

Session Plan and Risk Assessment templates can also be downloaded at bhs.org.uk/pathways under Stage 2 Coaching Skills Record.

Session Plan

NAME OF COACH		
DATE		
LOCATION		
NO. OF STUDENTS		
SESSION TYPE		
SESSION AIMS		
RESOURCES & REQUIREMENTS		
ACTIVITY	TIME ALLOWED	
INTRODUCTION / WARM UP / ASSESSMENT		
MAIN CONTENT		
COOL DOWN / SUMMARY / DE-BRIEF		
FEEDBACK FROM RIDER(S)		
FUTURE PROGRESSION		
SELF-REFLECTION & EVALUATION OF PERFORMANCE		

Risk Assessment

STAGE 2 COACHING

AREA/ACTIVITY (HAZARD)	
PEOPLE AT RISK	
CONTROL MEASURES IN PLACE	
ACTION BY WHOM & WHEN	

CANDIDATE NAME _____ BHS NUMBER _____

What will I need to bring to the Stage 2 Coaching assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- Lesson plans:
 - Integrated flat and jump lesson
 - Lunge lesson
 - Lead rein lesson.
- Practical stable management session plans:
 - Putting on and removing a bridle
 - Putting on and removing a rug
 - Putting on and removing brushing boots
 - Putting on and removing a saddle.
- A risk assessment for the stable management and group sessions.
- This skills record with completed Stage 2 Coaching **Ready for Assessment** table.

What should I expect on the day?

There will be signs to direct you to the briefing room, and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. You will be allocated to one assessor, and will stay with the same assessor throughout the day. You will work through each coaching session and have a brief discussion with your assessor at the end of each session.

How long will the assessment take?

The assessment will last approximately four hours.

Recommendations

The BHS strongly recommends that learners looking to be employed in the industry also hold:

- BHS Equine Specific First Aid or First Aid at Work (three or four day course)
- BEF Safeguarding and Protecting Children workshop.







STAGE 3

INTRODUCTION TO STAGE 3 CARE

As a groom you have a great responsibility, and we believe it's one that should be recognised professionally. At Stage 3 your knowledge of physiology, welfare, legislation, behaviour, diet and exercise has the opportunity to shine.

You will be able to:

- Manage day-to-day activity, care and welfare of horses under your care
- Have an established awareness of current legislation for working within a stable yard environment and the responsibilities of your job role
- Understand horses' behavioural habits, recognise undesirable behaviour and know how to deal with more difficult situations
- Understand the components and the workings of the respiratory system, the cardiovascular system and the structure of the lower leg
- Know how to measure the horse's vital signs, understand the importance of keeping health records, recognise and treat common conditions including lameness and the maintenance of a clean working environment
- Fit tack for both flat work and jumping, apply bandages and boots for work - understand how different types of bits may work, and when and how to use studs
- Assess a horse's conformation and assess soundness
- Know how to care for paddocks and turn out areas.

Stage 3 Care Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 3 Care assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The responsibilities of a groom			
Preparing horses for flatwork and jumping, including putting in studs			
The uses of different types of bit			
Nutritional requirements of horses and how to improve fitness			
Managing horse health, behaviour and turnout areas			
Anatomy, physiology and assessing conformation			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 4 Care. Different Professionals can sign off the different elements, as long as they meet this criteria.



STAGE 3 CARE

Coach Endorsement

I can clip a horse

- | | | | |
|---|--------------------------|--|--------------------------|
| 1. I can give reasons for clipping horses | <input type="checkbox"/> | 2. I can explain the considerations for safe clipping | <input type="checkbox"/> |
| 3. I can clip a horse | <input type="checkbox"/> | 4. I can describe how to care for a horse after clipping | <input type="checkbox"/> |

CANDIDATE NAME _____ BHS NUMBER _____

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional who holds a minimum of the Stage 4 Care.

What will I need to bring to the Stage 3 Care assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- This skills record with completed Stage 3 Care **Coach Endorsement** and **Ready for Assessment** tables.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you.

Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. You will be put into groups of three candidates to one assessor, and you will work through each element of the syllabus in turn. Different groups of candidates will start at different sections, but throughout the day you will cover each part of the syllabus.

How long will the assessment take?

The assessment will last approximately three and a half hours.

INTRODUCTION TO STAGE 3 LUNGE

You know how to maintain a structured exercise regime and plan the non-ridden work for a horse.

You will be able to:

- Lunge a horse to maintain the horse's correct way of going
- Handle tack and equipment which will include: bridle, saddle, side reins, cavesson, lunge line and whip
- Assess the horse, discuss its way of going, and carry out exercises that get the best from the horse
- Understand the size of the circle and how the space should be used
- Use aids that are suitable to the horse's behaviour
- Evaluate the work you have carried out and reflect on your practice.



Stage 3 Lunge Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 3 Lunge assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
How lungeing contributes to a horse's training			
Lungeing a horse to maintain its level of training			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 4 Lunge. Different Professionals can sign off the different elements, as long as they meet this criteria.

What will I need to bring to the Stage 3 Lunge assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- This skills record with completed Stage 3 Lunge **Ready for Assessment** table.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment.

After you have been briefed you will go to the arena (either an indoor or outdoor arena). Your assessor will allocate a horse to you. The horse will be tacked up ready to lunge. You should check the equipment for safety and correct fit and then begin lungeing. You should warm the horse up without side reins. When the horse is sufficiently warmed up you can then attach the side reins and continue to work the horse.

How long will the assessment take?

The assessment will last approximately one hour.

INTRODUCTION TO STAGE 3 RIDE (DRESSAGE)

Harmony between horse and rider can elevate a riding partnership to new levels. Stage 3 Ride (Dressage) enhances this skill to develop you as a professional rider.



You will be able to:

- Apply the Scale of Training to your riding to maintain a horse's level of training
- Demonstrate an understanding of the horse's performance, evaluate its way of going and determine an approach to maintain this
- Deliver aids to benefit the horse whilst taking account of forward movement, rhythm, bend and a working outline
- Understand how to ride lateral work (which includes leg yielding and turn about the forehand) in addition to being able to lengthen and shorten the stride in all paces.

Stage 3 Ride (Dressage) Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 3 Ride (Dressage) assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The principles of maintaining a horse's training			
Assessing a horse's way of going and riding a horse to improve its way of going			
Riding with an independent position			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of a Stage 4 Senior Ride qualification. Different Professionals can sign off the different elements, as long as they meet this criteria.

What will I need to bring to the Stage 3 Ride (Dressage) assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat, gloves, and a long whip.
- This skills record with completed Stage 3 Ride (Dressage) **Ready for Assessment** table.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment.

For the riding assessment you will be in a group of up to six candidates. When you arrive at the riding arena (this may be an outdoor or indoor arena) your assessor will allocate a horse to you. When you have your horse, check the tack and prepare to mount. You will then mount the horse from a mounting block and adjust your girth and stirrups as required and begin your riding assessment. Approximately half way through your flat riding assessment you will all be asked to halt and dismount and will then ride a second horse.

After your flat riding session your assessor will have a short discussion with you about the two horses you rode.

How long will the assessment take?

The assessment will last approximately two hours.

INTRODUCTION TO STAGE 3 RIDE (JUMP)

Whether showjumping or cross country, the connection between your performance and that of your horse is paramount.



You will be able to:

- Work over show jumps (up to 90cm) and cross country fences (up to 80cm)
- Demonstrate an understanding and sympathetic approach to the horse, assessing its way of going determining a suitable riding approach
- Ride in balance when jumping single and related fences leading to a course of jumps
- Show an understanding of flat work training to prepare your horse for jumping
- Evaluate your own performance and the work shown by the horse.

Stage 3 Ride (Jump) Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 3 Ride (Jump) assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The principles of maintaining a horse's training for jumping			
Riding a horse over a course of show jumps			
Riding a horse over a course of cross country jumps			
Riding with an independent position			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of a Stage 4 Senior Ride qualification. Different Professionals can sign off the different elements, as long as they meet this criteria.

What will I need to bring to the Stage 3 Ride (Jump) assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat, gloves, a short whip and a body protector to the current standard.
- This skills record with completed Stage 3 Ride (Jump) **Ready for Assessment** table.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you. It's best to arrive at least 30 minutes before your briefing so that you can familiarise yourself with the venue and walk the show jumping and cross country courses. Your assessor will come and meet you to run through the process of the day and to answer any queries you may have about the assessment. You will warm up your first

horse for jumping and then continue on to jump a course of fences. When you have completed the course your assessor will select a second horse for you to ride.

You will warm up your second horse and then ride a cross country course (up to a maximum of eight fences). You will then have a short discussion with the assessor about the two horses you rode.

Due to the nature of riding and the risks involved, your assessor will make a decision as to whether it is safe for you to continue the jumping section. If there is any doubt with regard to your own or the horse's safety you may be asked to retire from the assessment.

How long will the assessment take?

The assessment will last approximately two hours.

INTRODUCTION TO STAGE 3 RIDING OUT



Stage 3 Riding Out provides the benchmark for leading longer hack and treks across the countryside. Combine your passion for adventure with competence to take care of horses, staff and riders on long hacks and trails. Who knows where this opportunity will take you?

You will be able to:

- Plan a route for a ride of more than four hours, including breaks and an overnight stop
- Take care of horses or riders that become unwell or injured on a ride out
- Take a group of riders for an extended ride out, dealing with different terrain, weather conditions and rider experience
- Provide instructions, safety advice and technical knowledge to riders to develop their riding skills and enhance the rider's overall experience
- Assess a horse's suitability for longer rides / trekking
- Develop the skills of staff in your care and deliver training sessions to support their work
- Manage the day-to-day activity, care and welfare of horses under your care
- Understand the responsibilities of a Stage 3 Trail Leader in a centre, including horse allocation and workload, customer care and managing bookings.

Stage 3 Riding Out Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 3 Riding Out assessment.

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
The roles and responsibilities of a Stage 3 Trail Leader			
Planning and leading a ride with a dismounted break			
Preparing a group of riders for an extended ride			
Training others for the purposes of escorting rides out			
Assessing a horse's suitability for trekking			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Riding Out or above, or Stage 4 Senior Coach. Different Professionals can sign off the different elements, as long as they all meet this criteria.

Coach Endorsement

I can lead a ride with a dismounted break

1. I can follow a designated route

2. I can manage a dismounted break

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of the Stage 3 Riding Out or above, or Stage 4 Senior Coach.

CANDIDATE NAME _____ BHS NUMBER _____

Coach Endorsement

I can train others to escort a ride

1. I can produce a session plan

2. I can deliver a session during a ride out

3. I can demonstrate training skills

CANDIDATE NAME _____ BHS NUMBER _____

NAME OF ACCREDITED PROFESSIONAL	
ACCREDITED PROFESSIONAL NUMBER	
DATE COMPLETED	SIGNATURE



It is compulsory this is signed-off by a BHS Accredited Professional with a minimum of the Stage 3 Riding Out or above, or Stage 4 Senior Coach.

Please find a template for a session plan below and risk assessment (next page).
 Session plan and risk assessment templates can be downloaded at bhs.org.uk/pathways under Stage 3 Riding Out Skills Record.

Session Plan

NAME OF COACH		
DATE		
LOCATION		
NO. OF STUDENTS		
SESSION TYPE		
SESSION AIMS		
RESOURCES & REQUIREMENTS		
ACTIVITY	TIME ALLOWED	
INTRODUCTION / WARM UP / ASSESSMENT		
MAIN CONTENT		
COOL DOWN / SUMMARY / DE-BRIEF		
FEEDBACK FROM RIDER(S)		
FUTURE PROGRESSION		
SELF-REFLECTION & EVALUATION OF PERFORMANCE		

Risk Assessment

AREA/ACTIVITY (HAZARD)	
PEOPLE AT RISK	
CONTROL MEASURES IN PLACE	
ACTION BY WHOM & WHEN	

STAGE 3 RIDING OUT

CANDIDATE NAME _____ BHS NUMBER _____

What will I need to bring to the Stage 3 Riding Out assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Your riding hat and gloves.
- A session plan:
 - Ride and lead training session
- A risk assessment for the ride and lead training session
- This skills record with completed Stage 3 Riding Out Coach Endorsements and Ready for Assessment tables.

What should I expect on the day?

There will be signs to direct you to the briefing room, and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. You will be put into groups of three candidates to one assessor, and you will then begin to work through each element of the syllabus.

You will assess a group of riders for their suitability to take them out for a longer ride.

For the riding assessment you will be in a group of up to six candidates. You will have a horse allocated to you. When you have your horse, check the tack and prepare to mount, you will then mount the horse from a mounting block and adjust your girth and stirrups as required.

You will ride as a group and assess the horse you are riding for suitability for trekking. You will work the horse in all three paces and discuss with the assessor.

How long will the assessment take?

The assessment will last approximately four hours.

Co-requisites to the Stage 3 Riding Out

The following must be completed before the Stage 3 Riding Out can be awarded:

- Stage 3 Care

Recommendations

The BHS strongly recommends that learners looking to be employed in the industry also hold:

- BHS Equine Specific First Aid or First Aid at Work (three or four day course)
- BEF Safeguarding and Protecting Children workshop.

BECOME A RIDE OUT AMBASSADOR

The
British
Horse
Society

Once you have achieved Stage 3 Trail Leader you could become a BHS Ride Out Ambassador.

You'll receive great benefits...

- "Ride Out Ambassador" hi viz hat cover and exercise sheet for leading your rides
- Significant skills and experience to add to your CV
- Listed on our website as a "BHS Ride Out Ambassador" - others can contact you directly
- Make a difference to the lives of equestrians in a local area through your Access & Rights of Way expertise
- Proactively helping people and their horses to ride out and enjoy life
- Help equestrians with riding out safely either locally or from an approved establishment
- Giving you the skills and support to make a difference
- Helping to secure safe places to ride and carriage drive off road for all equestrians

**Apply today, call 02476 840515
or email access@bhs.org.uk**



INTRODUCTION TO STAGE 3 COACHING

From planning sessions to teaching and developing the skills of others, Stage 3 Coaching allows you to practise the principals of professional coaching. Inspire the next generation as you progress your own teaching career.

This assessment is your opportunity to show consolidation of your skills that have been assessed at Stage 2 level. With experience, your skills will develop, enabling you to coach a number of different types of sessions. This could include Pony Club mounted games or helping the local Riding Club with their flat work. Whatever you are asked to teach, the principals of coaching will remain the same although the technical content and knowledge will vary. The welfare of the horse and the safety of your pupils should remain the focus of your sessions.



To help your development it is essential to:

- Observe more experienced trainers whenever possible
- Attend coaching training days
- Observe at competitions
- Volunteer at competitions (such as writing for a British Dressage judge, judging a cross country fence at a British Eventing event, helping a course builder with the fences at a British Showjumping competition).

Stage 3 Coaching Ready for Assessment

This candidate has been trained in the following elements for the purpose of the Stage 3 Coaching assessment.

CANDIDATE NAME _____ BHS NUMBER _____

	COACH'S NAME	ACCREDITED PROFESSIONAL NUMBER	COACH INITIALS
Planning and delivering sessions to capable riders			
Developing rider's abilities and skills			



It is compulsory this is signed off by a BHS Accredited Professional with a minimum of a Stage 4 Senior Coaching qualification. Different Professionals can sign off the different elements, as long as they meet this criteria.

Before you come to the Stage 3 Coaching assessment, you will need to teach five sessions that are observed by an Accredited Professional Coach or Centre Coach at Stage 4 level or above and complete the following documents:

- Candidate Observation Forms 1-5.

You will also have observed a British Eventing accredited coach or BHS Stage 4 Senior Coach or above (ideally BHS Performance Coach (BHSI) or above) delivering two cross country schooling sessions completing the following documents to reflect on areas of best practice:

- Experienced Coach Observation 1-2.

Observation forms are available to download from our website under Stage 3 Coaching Skills Record.

Please find a template for session plans and candidate observation forms below. All templates can also be downloaded at bhs.org.uk/pathways under Stage 3 Coaching Skills Record.

Session Plan

NAME OF COACH		
DATE		
LOCATION		
NO. OF STUDENTS		
SESSION TYPE		
SESSION AIMS		
RESOURCES & REQUIREMENTS		
ACTIVITY		TIME ALLOWED
INTRODUCTION / WARM UP / ASSESSMENT		
MAIN CONTENT		
COOL DOWN / SUMMARY / DE-BRIEF		
FEEDBACK FROM RIDER(S)		
FUTURE PROGRESSION		
SELF-REFLECTION & EVALUATION OF PERFORMANCE		

Candidate Observation 1 – Preparing Rider for Novice Dressage Test

OBSERVATION DETAIL		
DATE		
LOCATION		
NAME OF OBSERVING COACH		
ACCREDITED PROFESSIONAL NUMBER		
BHS QUALIFICATION		
SESSION AIMS		
RESOURCES & REQUIREMENTS		
CANDIDATE PLAN		TIME ALLOWED
INTRODUCTION / WARM UP / ASSESSMENT		
MAIN CONTENT		
COOL DOWN / SUMMARY / DE-BRIEF		
FEEDBACK FROM RIDER(S)		
FUTURE PROGRESSION		
SELF-REFLECTION & EVALUATION OF PERFORMANCE		
OBSERVING COACH COMMENTS		
PLANNING		
RIDER DEVELOPMENT		
KNOWLEDGE		
EVALUATION		
SIGNATURE		

Candidate Observation 2 – Group (3 or more Riders) Flat Work

OBSERVATION DETAIL		
DATE		
LOCATION		
NAME OF OBSERVING COACH		
BHS NUMBER		
BHS QUALIFICATION		
SESSION AIMS		
RESOURCES & REQUIREMENTS		
CANDIDATE PLAN		TIME ALLOWED
INTRODUCTION / WARM UP / ASSESSMENT		
MAIN CONTENT		
COOL DOWN / SUMMARY / DE-BRIEF		
FEEDBACK FROM RIDER(S)		
FUTURE PROGRESSION		
SELF-REFLECTION & EVALUATION OF PERFORMANCE		
OBSERVING COACH COMMENTS		
PLANNING		
RIDER DEVELOPMENT		
KNOWLEDGE		
EVALUATION		
SIGNATURE		

Candidate Observation 3 – Private Jump

OBSERVATION DETAIL	
DATE	
LOCATION	
NAME OF OBSERVING COACH	
BHS NUMBER	
BHS QUALIFICATION	
SESSION AIMS	
RESOURCES & REQUIREMENTS	
CANDIDATE PLAN	TIME ALLOWED
INTRODUCTION / WARM UP / ASSESSMENT	
MAIN CONTENT	
COOL DOWN / SUMMARY / DE-BRIEF	
FEEDBACK FROM RIDER(S)	
FUTURE PROGRESSION	
SELF-REFLECTION & EVALUATION OF PERFORMANCE	
OBSERVING COACH COMMENTS	
PLANNING	
RIDER DEVELOPMENT	
KNOWLEDGE	
EVALUATION	
SIGNATURE	

Candidate Observation 4 – Group (3 or more Riders) Jump

OBSERVATION DETAIL	
DATE	
LOCATION	
NAME OF OBSERVING COACH	
BHS NUMBER	
BHS QUALIFICATION	
SESSION AIMS	
RESOURCES & REQUIREMENTS	
CANDIDATE PLAN	TIME ALLOWED
INTRODUCTION / WARM UP / ASSESSMENT	
MAIN CONTENT	
COOL DOWN / SUMMARY / DE-BRIEF	
FEEDBACK FROM RIDER(S)	
FUTURE PROGRESSION	
SELF-REFLECTION & EVALUATION OF PERFORMANCE	
OBSERVING COACH COMMENTS	
PLANNING	
RIDER DEVELOPMENT	
KNOWLEDGE	
EVALUATION	
SIGNATURE	

Candidate Observation 5 – Group (3 or more Riders) Grid Work

OBSERVATION DETAIL	
DATE	
LOCATION	
NAME OF OBSERVING COACH	
BHS NUMBER	
BHS QUALIFICATION	
SESSION AIMS	
RESOURCES & REQUIREMENTS	
CANDIDATE PLAN	TIME ALLOWED
INTRODUCTION / WARM UP / ASSESSMENT	
MAIN CONTENT	
COOL DOWN / SUMMARY / DE-BRIEF	
FEEDBACK FROM RIDER(S)	
FUTURE PROGRESSION	
SELF-REFLECTION & EVALUATION OF PERFORMANCE	
OBSERVING COACH COMMENTS	
PLANNING	
RIDER DEVELOPMENT	
KNOWLEDGE	
EVALUATION	
SIGNATURE	

You will also have observed an experienced coach delivering two cross country schooling sessions and must complete the following documents to reflect on areas of good practice.

Experienced Coach Observation 1 – Cross Country Schooling

OBSERVATION DETAIL	
DATE	
LOCATION	
NAME OF COACH	
BHS NUMBER	
BHS QUALIFICATION	
SESSION AIMS	
RESOURCES & REQUIREMENTS	
REFLECTION	
INTRODUCTION / WARM UP / ASSESSMENT	
MAIN CONTENT	
COOL DOWN / SUMMARY / DE-BRIEF	
RIDER PROGRESSION	
AWARENESS OF SAFETY	
AREAS OF GOOD PRACTICE	

Experienced Coach Observation 2 – Cross Country Schooling

OBSERVATION DETAIL	
DATE	
LOCATION	
NAME OF COACH	
BHS NUMBER	
BHS QUALIFICATION	
SESSION AIMS	
RESOURCES & REQUIREMENTS	
REFLECTION	
INTRODUCTION / WARM UP / ASSESSMENT	
MAIN CONTENT	
COOL DOWN / SUMMARY DEBRIEF	
RIDER PROGRESSION	
AWARENESS OF SAFETY	
GOOD PRACTICE	

What will I need bring to the Stage 3 Coaching assessment?

- Your Skills Record identification box (page 3) completed or photo ID.
- Provide two session plans:
 - Private dressage session
 - Semi-private arena eventing session.
- This completed skills record, including Stage 3 Coaching **Ready for Assessment** table, **Candidate Observation Forms 1-5** and **Experienced Coach Observations 1-2**.

What should I expect on the day?

There will be signs to direct you to the briefing room and a member of our team will be at the centre to welcome you. Your assessor will come and meet you to run through the process of the day and answer any queries you may have about the assessment. You will be allocated to one assessor, and will stay with the same assessor throughout the day. You will work through each coaching session and have a brief discussion with your assessor at the end of each session.

How long will the assessment take?

The assessment will last approximately three and a half hours.

Recommendations

The BHS strongly recommends that learners looking to be employed in the industry also hold:

- BHS Equine Specific First Aid or First Aid at Work (three or four day course)
- BEF Safeguarding and Protecting Children workshop.

GET INVOLVED IN OUR RECREATIONAL CHALLENGE AWARDS.

WHAT ARE THE CHALLENGE AWARDS?

A series of awards that Accredited Professionals and Approved Centres can deliver that fit seamlessly into everyday coaching sessions. There are over 40 awards that cover a range of stable management and riding topics.

WHO ARE THE AWARDS FOR?

Being entirely practical with no exams, they are perfect for anyone who wants to improve their skills, knowledge and confidence.

HOW TO GET INVOLVED

The first step is to become an Accredited Professional. Then simply complete an induction session.

Visit pathways.bhs.org.uk/challenge-coaches for more information or call 02476 840508.



Challenge Awards

The
British
Horse
Society



BHS
Equine
Excellence
Pathway

SUPPORTING YOU THROUGH EVERY STAGE





NEXT
STEPS

CONGRATULATIONS ON COMPLETING YOUR CAREER PATHWAY **STAGES 1–3**



We're proud of your achievements and look forward to supporting you as you progress your career. This is just the beginning.

What's next

You can continue to progress your professional career through our senior stages right through to the internationally recognised and acclaimed Fellowship of the BHS.

Simply visit:

bhs.org.uk/pathways

Call the pathways team:

02476 840 508

Congratulations on completing your Stages 1-3 qualifications.

As a professional in the industry, we hope you continue to develop yourself and progress your journey in equine excellence.

We encourage you to continue to learn and develop your skills through further qualifications and continual professional development (CPD). CPD will benefit any career and can cover a range of topics such as supporting the horse and rider to developing your communication, leadership, self-awareness and planning skills.

The BHS offers a range of CPD and training events to enrich your skills, introduce new concepts, technology and research and encourage networking with your fellow professionals. **Find CPD events at bhs.org.uk/cpd**

We recommend you log any CPD or training events you attend; you can use the table included on page 71 as a template. Logging your training and development allows you to keep track of the different topics covered or skills developed which in turn will highlight gaps or areas you want to cover in the future.

Are you a groom, ride leader or coach?

Take a look at the range of benefits you can access when you join the **largest equestrian accredited professional community**.

Approved and accredited by the BHS, Accredited Professionals meet the highest professional standards within the industry. Our community of professionals connects people, ideas and resources to embed world-class standards, drive continual professional development and promote innovation in equestrian coaching.

Whether you want to work as a groom, ride leader, as a freelance coach or as a coach within an Approved centre, take advantage of our comprehensive packages designed to meet your specific needs.

Here are just a few of the many benefits you will gain as an Accredited Professional Coach:

- Accredited Professional branded online business toolkit and resources
- Access to branded clothing
- Inclusive BHS first aid and safeguarding courses for the duration of your membership*
- Inclusive BHS gold membership for the duration of your membership*
- Authority to deliver the BHS Challenge Awards, Horse Explorers and Pony Stars
- Access to attend Continual Professional Development events in partnership with BEF member bodies
- Access to an exclusive professional online community with free business support and resources
- Option to take out Public Liability insurance, including grooms insurance and care, custody and control to cover you for your professional activities*
- Discounted BHS assessments for the duration of your membership

For more information and how to apply to become an Accredited Professional:

Visit bhs.org.uk or

Call our team on 02476 840 565

*Terms conditions and territorial limits apply.

Become an Accredited Professional

We welcome you to join our professional community.

Advantages include:

- Access to a community of leading professionals
- Access to hundreds of editable session plans, covering all topics and levels
- Branded business toolkit including clothing
- Inclusive first aid and safeguarding courses*
- Inclusive Continual Professional Development events
- Authority to deliver the BHS Challenge Awards, Horse Explorers and Pony Stars
- Inclusive BHS gold membership*
- Discounted comprehensive insurance packages.*

To apply, call our team on
02476 840 565

*Terms, conditions and territorial limits apply



CPD Log

DATE	EVENT TITLE	WHAT HAVE I LEARNT FROM THIS CPD?	TARGET/S TO TAKE FORWARD			

