### **BHS North West Camps**

Aintree Racecourse & International Equestrian Centre

The British Horse Society



## What to expect

Held in the grounds of the inspiring Aintree
Racecourse with access to the international
equestrian centre, you and your horse will enjoy a
variety of dismounted and ridden sessions with our
BHS Senior Accredited Coaches training you in
flatwork, polework and or jumping to improve your
connection and harmony with your horse while
you have some fun with like minded people!

We're looking forward to welcoming you and your horse to our 9th year of our BHS camps! Due to the demand we're thrilled to one gain offer you two chances to join us for our amazing camp in 2025.

Our camp is open to all horse and rider combinations\* training and competing across the levels - we want you and your horse to have a great time and maybe even tick off your bucket list with a whizz around the famous Aintree racecourse gallops! You will be in small groups determined by the experience and confidence levels of both horse and rider to help you get the most from your sessions.

The emphasis of our camps are to improve knowledge and skill whilst having fun! After working hard you will enjoy great food and fantastic facilities for you and your horse!

Completely brilliant! Pushing you out of your comfort zone and is still thoroughly enjoyable. Demo's and non riding activities are fun and interesting. Amazing, friendly people from organisers to camp-mates and instructors. I couldn't recommend this camp enough! Thank you for a great time!" Laura







### Cost & What's included

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Costs for Camps 2025:

Horsebox with electric hook up - £380

Jockey's accommodation - £400

\*A £50 non-refundable deposit will secure

your place\*

### This includes...

- 4 hours of ridden sessions with senior & performance BHS Accredited coaches in the international Andrews Bowen Pro-Wax surfaced arenas.
- Use of the racing simulators.
- Behind the scenes tour of the racecourse.
- Hot and cold horse wash down facilities.
- All meals include hot food and drinks and unlimited refreshments.
- Access to Aintree's All Weather Gallops during allotted time slots.
- 2 nights accommodation of your choice, 24hour access to toilets and showers.
- No pressure dressage test and show jumping clear round with rosettes.
- 2 nights stabling within the racecourse grounds including 2 bales of shavings.
- 24 hour stable manager on site to monitor horses throughout camp so you can enjoy your non ridden activities with peace of mind.
- Nutritional consultation, feeding advice & accurate weight measuring with equine weighbridge.
- Rider alignment dismounted session.
- Fun and inspiring evening demo with glass of fizz!
- Free tack check.

Goodie bag.



### **Optional extras:**

- Photographs of your camp memories from specialist equine event photographer <u>Majestic</u> <u>Photography</u>
- 1 to 1 rider confidence consultations



Prices increased by £30 per person for 2025 due to unavoidable rise in external costs.

### Meet the Coaches

### **RACHEL GALLEY**

**BHS Stage 4 Senior Coach** 

Rachel is an experienced coach catering for all levels of riders from grassroots to competition and BHS assessment preparation. Rachel competes in affiliated Dressage with a passion for Showjumping. She enjoys working with riders and horses to help develop better balance, gain confidence and build happy partnerships to achieve better results whilst having fun.



### LINDSAY GAVEN

BHS Stage 5 Performance Coach

Lindsay is an experienced coach and rider recently achieving her BHS Performance coach qualification. She enjoys working with all levels of rider. Her friendly and approachable training focuses on the correct training of horse and rider, whilst aiming for her clients to get the most from their horses at any level. Lindsay is also a National Mounted Police trainer & assessor.

All Coaches delivering mounted sessions at Camp are BHS Accredited Professional Coaches which means that they have professional BHS qualifications, attend regular Safeguarding courses, are First Aid trained, DBS checked as well as being fully insured. They also attend a minimum of 6 hours of CPD every year.



### Stabling & Accommodation

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#### The Venue

Campers have exclusive use of the International Arena comprising of a Main Arena (70m x 30m) & 2 smaller arenas (indoor and outdoor). A full course of show jumps including fillers, dressage letters and all weather gallops.

### **Catering**

The cost of camp includes all main meals and a selection of refreshments throughout. We can only cater for those booked on to Camp. If you have any dietary requirement you can let us know when making your meal choices before camp.

#### **Accommodation**

We can only accommodate those who have booked to attend camp staying on site overnight due to our health and safety and insurance policies. Additional guests will need to find local offsite accommodation but are welcome to spectate during the day sessions.

### **Electric hook up**

There are 15 electric hook up pitches for those wishing to stay in their own horsebox or trailer and you will have 24hr access to toilets and showers on site.

#### Jockey's rooms

The Jockey's accommodation provides a comfy bed for the evening with fresh linen provided. Each room contains four beds with personal lockable storage and ample shared toilet and shower facilities. Choose your preference of shared, semi private or private at the time of booking (not guaranteed, subject to availability).

### **Stabling**

Horses will be stabled in brick build permanent stables on the race yard, which have housed many equestrian legends! Every stable has its own small storage area. Aintree will provide a 24 hour stable manager for your horses safety & security.

2 bales of shavings are provided for your stay and we encourage you to take home any leftover bedding with you. Hay/Haylage, hard feed or alternative bedding can not be provided. You will need to bring with you, wheelbarrows, mucking out equipment, water buckets, haynets etc. We'll put together a handy checklist for you to help with packing before camp. No turnout is available whilst at Camp.

#### **Vaccinations**

All horses/ponies must be in possession of a passport with vaccination certificate. They must have had a booster vaccination against Equine Influenza in the 6 months prior to attending the venue, and the primary course of 3 vaccinations must have been administered at the correct intervals. They must not have had any vaccination in the 6 days prior to arriving. For further information please discuss with your vet or contact Aintree at

<u>info@aintreeequestriancentre.co.uk</u>. If you are unable to present this documentation when arriving at the event, you will be turned away and will not be eligible for any refund.



# We can't wait to see you there!

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